

# How to find us ...

## AFFILIATES OF

NEW YORK STATE HEALTH FACILITIES ASSOCIATION

AMERICAN HEALTH CARE ASSOCIATION

SOUTHERN NEW YORK HEALTH FACILITIES ASSOCIATION

INTERCOUNTY HEALTH FACILITIES ASSOCIATION

AND MOST TRADE ORGANIZATIONS



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516-223-4599 FAX

### SUB-ACUTE SERVICES

516-868-6097

### SUB-ACUTE FAX

516-868-7251

WWW.SOUTHSHOREHEALTHCARE.NET



## Directions

*South Shore Healthcare is conveniently located in Freeport on the South Shore of Long Island.*

*From the Northern State Parkway, take Exit 31A South onto the Meadowbrook Parkway. Follow this to Exit M9 West (Merrick Road). We are 1.4 miles on the left side ... look for the teal awning.*

*From the Southern State Parkway, take Exit 22S onto the Meadowbrook Parkway. Continue to Exit M9 West (Merrick Road). We are 1.4 miles on the left hand side ... look for the teal awning.*

WE ARE PROUD TO HAVE AFFILIATIONS  
WITH MOST MAJOR INSURANCE  
CARRIERS IN THE STATE

## MEDICAID & MEDICARE CERTIFIED

- PARKING & PUBLIC  
TRANSPORTATION AVAILABLE -

- HANDICAPPED ACCESSIBLE -

# W

E'RE BETWEEN THE HOSPITAL AND  
**HOME**





## What is Sub-Acute Care?

“Sub-acute care” is a relatively new term in the field of health care. Its origin stems from traditional hospital care which is known as “acute care”. Most commonly provided immediately *after* your hospital stay, sub-acute care is delivered on an in-patient basis and is designed for individuals who require additional care prior to returning home. This may include:

- Full Rehabilitation Services
- Post-Surgical Orthopedic Care
- I.V. Therapy
- Dialysis Care
- Ventilator/Respiratory Care Services and Weaning
- Tracheostomy Care
- Cardio/Pulmonary Rehab
- Wound Care
- Medically Complex Care

Sub-acute care is generally more intensive than that found in a traditional nursing facility yet less intensive than found in an acute setting. This makes it an effective and affordable health care alternative.

Sub-acute care is an extremely vital component of a patient’s total continuum of care. Each patient receives an Individualized Care Plan which is carefully coordinated and monitored by an interdisciplinary team. By incorporating sub-acute care into an individual’s overall care program, a patient has a much greater opportunity for maximal recovery. *The goal of sub-acute care is simple: Helping You to Return Home!*



## Areas of Specialty

### • Ventilator-Weaning and Respiratory Services

- Stroke Rehabilitation
- Arthritis Rehabilitation
- Multiple Trauma Rehabilitation
- Multiple Fracture Rehabilitation
- Traumatic Brain Injury Rehabilitation
- Amputee Management
- Neuromuscular Disorders
- Neurologic Disorders
- Post-Surgical Orthopedic Care
- Joint Replacement Rehabilitation (hip, knee, etc.)
- Enteral Nutrition
- Parenteral Nutrition
- Intravenous Therapy
- Wound Care
- Tracheostomy Care
- Pain Management
- Hospice Care



Patients are welcome to utilize our “Beautiful You” beauty parlor and barber shop services, offered weekly. Newspaper delivery is also available for the reading enjoyment of our patients.

There is a full calendar of recreational activities to enjoy, or patients can pursue their own activities and interests. Trips and outings are often offered on the activities schedule.

As family and friends are an important part of our patients’ lives, we invite visitors to the facility daily until 8:00 pm. Children are always welcome!

## As comfortable as home

South Shore Healthcare's 100-bed facility has been newly renovated and redecorated. The facility is bright and clean with a warm, cozy atmosphere.

Patient accommodations include both private and semi-private rooms, all tastefully decorated and furnished with the comforts of home. Individual televisions and telephones are also available for the convenience and enjoyment of our patients.

Patients receiving physical therapy services will enjoy the beautiful new rehabilitation area, now one of the largest on Long Island. Here, patients work towards their goals along with top rehabilitation professionals in our spacious, sun-filled therapy room.

When it comes to dining, patients have their choice of locations. Patients may dine in our beautiful new glass atrium dining room, relax with a meal in the privacy and comfort of their room, or weather permitting, enjoy a meal out on our lovely shaded patio. Special arrangements can also be made for family and friends to share a meal with the patient.

Under the direction of a physician, patients may receive regular meals or a therapeutic diet all carefully prepared by one of our in-house chefs with the guidance of a registered dietician. Kosher and Kosher-style meals are also available upon request.



## Welcome!

We know that making a choice about a health care provider is an extremely important one. When it comes to deciding about a sub-acute provider, the choice is clear. South Shore Healthcare in Freeport leads the way as Long Island's premier facility for sub-acute services and has served as a key health care provider in the community for many years.

South Shore Healthcare is extremely well regarded in the medical field and has developed close relationships with most Long Island hospitals and many physician groups. We also maintain referral relationships with health facilities nationwide.

This brochure will give you an overview of our services and provide you with answers to many of the questions you may have. We invite you to come and tour our facility and speak to our staff about our services.

However you learn about us, you can be sure you have found the very best in sub-acute care on Long Island.

*We are happy to be of service to you!*





## outh Shore Healthcare

is located in the heart of the south shore of Long Island in Freeport. We have served as an invaluable provider of quality health care in the community for over 45 years and have earned an excellent reputation along the way.

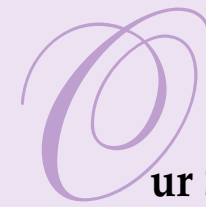
Our beautiful 100-bed facility has been newly renovated and redecorated from top to bottom to reflect the warmth and caring of the staff. We take great pride in caring for our community and share an active participation. South Shore staff and patients regularly reach out by supporting and participating in local events.

We are fully equipped with the latest in state-of-the-art technologies and are proud to have one of the largest and most active therapeutic rehabilitation areas on Long Island.

One of the cornerstones of South Shore is our respiratory and ventilator-weaning program. Patients are monitored by Board Certified Pulmonologists and specially trained Respiratory Therapists. We are highly regarded within the medical community for this program and its proven success rate with our patients.

At South Shore Healthcare, our caring, highly skilled staff and warm, friendly environment are all focused on one common goal . . .

*Helping you to return home!*



## ur Staff & Your Care

Patients at South Shore Healthcare benefit from a full complement of physicians who are Board Certified and fully credentialed. Each patient receives a carefully individualized care plan formulated and continually monitored by our dedicated, highly skilled Interdisciplinary Team. At South Shore Healthcare, that team consists of:

- RN Case Managers
- Registered and Licensed Nurses
- Pulmonologists
- Respiratory Therapists
- Oncologists
- Psychiatrists
- Psychiatrists/Psychologists
- Physical Therapists
- Occupational Therapists
- Speech and Language Pathologists
- Recreational Therapists
- Social Workers
- Nutritionists
- Audiologists

Together with the physicians, this team is fully equipped to handle all levels of care including medically complex cases.

We emphasize the importance of family and friends in the patient care process and strive to make them an integral part of the therapy program. A treatment plan is developed, with input provided by family and friends, to ensure all areas of care are addressed.