



Volunteering at Buena Vida

Who volunteers at Buena Vida?

Many gifted people just like you! Our volunteers come from all walks of life and bring a myriad of abilities with them. Our volunteers include retirees, professionals, homemakers, college and high school students. Each of them is an integral part of the Buena Vida team of dedicated, caring people working at Buena Vida Continuing Care and Rehabilitation Center.

As a member of the Buena Vida team, volunteers give themselves a gift, too. Studies show that people who help others are healthier, happier people. Even if you have only four hours to spare each week, volunteering can bring you added job skills, school credit or that feeling you get from donating your time to helping others.

What does a volunteer do?

Volunteers have a wide range of duties at Buena Vida. You may like playing games with residents, directing visitors to a loved one's room or assisting the Buena Vida staff. Or you may enjoy running errands, answering phone calls, filing or working on a computer. Whatever you enjoy doing, there's something for you at Buena Vida.

When will you volunteer?

You only put in, as much time as you can spare and when you list the times you prefer to work, we'll schedule you as closely to those times as possible. Volunteer sessions are weekdays during regular business hours. However, evening and weekend hours are available upon request and approval. That's one of the joys of being a volunteer.

As a volunteer:

You will have the opportunity to ...

Learn new skills

Make new friends

Enjoy the satisfaction that comes from helping others.

Provide many extra services that supplement the basic, essential functions of the professional staff. Add to the quality of health care by helping the residents, their families, the staff, and visitors fulfill society's need for individual concern and action.

How do I become a volunteer?

Buena Vida accepts applications throughout the year, and is open to summer programs for teenagers. Once you have read all the information about becoming a Volunteer, you will need to contact the Department of Recreation and Volunteers and submit an application packet. You may contact our office by phone at (718) 928-3525 or by e-mail at Volunteers@BuenaVidaCenter.org.

Please follow all directions in the application packet carefully. Once your application packet is reviewed, you will receive an appointment for an interview. Thank you for your interest in joining the Volunteer Program at Buena Vida. Your commitment to our community is appreciated.

Debbie Laskin, CTRS, ATR
Director of Therapeutic Recreation & Volunteers
Buena Vida Continuing Care & Rehabilitation Center